

RABEA GIRLS' PUBLIC SCHOOL



SYLLABUS

2025-2026

CLASS VII

KATRA DINA BEG, LAL KUAN,

DELHI -110006

ENGLISH

PRESCRIBED BOOKS: Focus (Ratna Sagar), Essentials of English Grammar and Composition (Sultan Chand)

RECOMMENDED BOOKS: Oxford Pocket Dictionary

Month	Tests	Syllabus Details
APRIL	Reading Recitation Dictation ASL- Topic CT	Focus <ul style="list-style-type: none"> The Coming of Pollyanna Olympic Granny (Poem) Grammar <ul style="list-style-type: none"> The Sentence Transformation of Sentences Sentences: Simple, Compound and Complex,Punctuation and Capital Letters Writing Skills <ul style="list-style-type: none"> Descriptive Paragraph Writing Reading Skills- Comprehension Passage Practice Activity-Dialogue Writing Concept: Subject Verb Agreement
MAY	Reading Recitation Dictation ASL- Topic CT	Focus <ul style="list-style-type: none"> Star Tree (Poem) Grammar <ul style="list-style-type: none"> Phrases, Clauses Nouns, Verbs Synonyms (1-10), Antonyms (1-10) Writing Skills <ul style="list-style-type: none"> Diary Entry Reading Skill-Comprehension Passage Practice Activity- Picture Narration Concept: Verb Forms
JUNE		--
JULY	Reading Recitation Dictation ASL- Pair Discussion CT	Focus <ul style="list-style-type: none"> The Night The Roof Blew Off Little Girls Wiser than Men Where My Books Go? (Poem) Grammar <ul style="list-style-type: none"> Pronouns, Verbs - Simple Tenses (Past, Present, and Future)

URDU

کتابیں: اپنی زبان (ساتویں جماعت کے لیے) این سی ای آر ٹی
اردو گلدستہ (ساتویں جماعت کے لیے) این سی ای آر ٹی

Month	Tests	Syllabus Details (Chapter Numbers And Names)
APRIL		اپنی زبان : <ul style="list-style-type: none"> میرا وطن - نظم (شفیع الدین نیر) اعتبار نثر (سدرشن) اردو گلدستہ : <ul style="list-style-type: none"> ملع کی انگوٹھی - نظم (اسمعیل میرٹھی) ماہانہ تصور: مضمون نویسی ، خطوط و درخواست نویسی عملی کام : مکالماتی نظم (ڈرامائی پیشکش)
MAY		اپنی زبان : <ul style="list-style-type: none"> سالم علی نثر ماہانہ تصور: محاورے عملی کام : تصاویر بنانا ، کولاج , اشتہار
JUNE		----
JULY		اپنی زبان : <ul style="list-style-type: none"> مولانا ابوالکلام آزاد - نثر گرمی کا موسم - نظم (اسمعیل میرٹھی) اردو گلدستہ : <ul style="list-style-type: none"> آموں کی فرمائش - نظم (اکبر الہ آبادی) ماہانہ تصور: خلاصہ تشریح , مرکزی خیال عملی کام: نوٹ ، تصویر کی وضاحت ، پسندیدہ چیز کی پیشکش
AUG	PT-1	اپنی زبان : <ul style="list-style-type: none"> پتھر کا سوپ نثر (اطہر پرویز) اولمپک کھیل نثر اردو گلدستہ : <ul style="list-style-type: none"> چند نصیحتیں نظم (علامہ اقبال) ماہانہ تصور: اسم کی اقسام , صفت عملی کام : تصاویر / کولاج , نوٹ , کہانی کا اختتام اپنے انداز میں

SEPT	Half yearly	اعادہ
OCT		<p>تحریری مہارت : مضمون نویسی ، خطوط و درخواست نویسی اپنی زبان:</p> <ul style="list-style-type: none"> حسرت موہانی - نثر اردو گلدستہ: ترانہ وحدت نظم (تلوک چند محروم) <p>ماہانہ تصور: فعل کی اقسام، واحد جمع عملی کام: کولاج اور تصاویر</p>
NOV	PT-2	<p>اپنی زبان:</p> <ul style="list-style-type: none"> بہار - نظم (افسر میرٹھی) دو گز زمین نثر (ٹالسٹائی) اردو گلدستہ : کام اور زندگی نظم (فیض لدھیانوی) جگنو نظم (سکندر علی وجد) <p>ماہانہ تصور: ضمیر کی اقسام، پوسٹر عملی کام: نوٹ اور کہانی لکھنا</p>
DEC		<p>اپنی زبان:</p> <ul style="list-style-type: none"> پھول والوں کی سیر نثر خواجہ قطب الدین بختیار کاکي نثر اردو گلدستہ : بلی اور شیرنی - نظم (ضیاء الرحمن ضیاء) <p>ماہانہ تصور: سابقے اور لاحقے عملی کام : نوٹ مکالماتی نظم اور کامک</p>
JAN		<p>پنی زبان:</p> <ul style="list-style-type: none"> ایک مکڑا اور مکھی نظم (علامہ اقبال) <p>ماہانہ تصور: تشبیہ عملی کام: جماعتی گفتگو اور نوٹ</p>
FEB		اعادہ
MAR	Annual Exams	

JULY		<p>Writing Skills</p> <ul style="list-style-type: none"> Dialogue Writing <p>Activity –Group Discussion Concept :Simple Tenses</p>
AUGUST	PT 1	<p>FOCUS</p> <ul style="list-style-type: none"> The Prince Who Loved Books Sarojini Naidu <p>Grammar</p> <ul style="list-style-type: none"> Articles, Adjectives Synonyms (11-20), Antonyms (11-20) <p>Writing Skills</p> <ul style="list-style-type: none"> Informal Letter <p>Reading Skills- Comprehension Passage Practice</p> <ul style="list-style-type: none"> Activity – Choreography- Rhythmic Presentation <p>Concept: Simple Tenses (Past)</p>
SEPTEMBER	H. Y. Reading Dictation	<p>Grammar</p> <ul style="list-style-type: none"> Idiomatic Expressions (1-10) <p>REVISION</p>
OCTOBER	Reading Recitation Dictation	<p>Focus</p> <ul style="list-style-type: none"> Lonely Sunday Voices of the Air (Poem) <p>Grammar</p> <ul style="list-style-type: none"> Adverbs, Continuous Tenses Synonyms (21-30), Antonyms (21-30) <p>Writing Skills</p> <ul style="list-style-type: none"> Notice Writing <p>Activity -Vocabulary Quiz Concept: Simple Tenses (Future)</p>
NOVEMBER	PT 2	<p>Focus</p> <ul style="list-style-type: none"> Twelfth Night-1, Twelfth Night-2 <p>Grammar</p> <ul style="list-style-type: none"> Verbs: Non finite Forms (Infinitives and Participles) Perfect Tenses (Has/Have/Had)

		Writing Skills <ul style="list-style-type: none"> ● Formal Letter (Application) ● Story Writing Reading Skill- Comprehension Passage Practice Activity - Debate Concept: Continuous Tenses
DECEMBER	Reading Recitation Dictation ASL- Pair Discussion CT	Focus <ul style="list-style-type: none"> ● Godan ● An August Midnight (Poem) Grammar <ul style="list-style-type: none"> ● Prepositions ● Direct and Indirect Speech (Present Tense and Past Tense) Writing Skills- Formal Letter (Editor) Activity: Two Texts , Concept: Perfect Tenses
JANUARY	Reading Dictation ASL- Pair Discussion CT	Focus <ul style="list-style-type: none"> ● English in India ● The Sleep That Flits on Baby's Eyes (Poem) Grammar <ul style="list-style-type: none"> ● Conjunctions ● Active and Passive Voice (Present Tense) ● Synonyms (31-40), Antonyms (31-40) Writing Skills <ul style="list-style-type: none"> ● Speech Activity: Dramatization, Concept: Direct & Indirect Speech (Present & Past)
FEBRUARY	Listening Skill Test	Grammar <ul style="list-style-type: none"> ● Verbs: Modals ● Idiomatic Expressions (11-20) Activity: Literary Quiz Concept: Active and Passive Voice
MARCH	ANNUAL EXAM	

OCT		Current Affairs 17.Idioms and phrases (pg.no-33) 18.Autobiographies(pg.no-34) 19.Books. (pg.no-36) ACTIVITY -Article writing on favourite literary genre Concept- Idioms and phrases
NOV	PT2	Current Affairs 20.Poetry(pg.no-37) 21.Branches of Science(pg.no-42) 22.Scientific Instruments(pg. no.-43) 23. Diseases of the Human Body(pg. no.-44) ACTIVITY - Presentation on COVID-19 Concept- Branches of Science
DEC		Current Affairs 24.DRDO(pg.no-45) 25.Global Warming (pg.no-49) 26.Famous Environmental movements of India (Pg.no.50-51) 27.Are you Environmentally conscious (Pg.no.52) 28.Parliament around the world (pg. no.53) ACTIVITY- Natural Wonders of the World (Map Marking) Concept- Global Warming
JAN		Current Affairs 29.Skyscrapers of the World (pg.no 56-57) 30.Festivals around the world(pg.no-58-59) 31.Prestigious Awards(pg.no-60) ACTIVITY - Word Game Concept- Prestigious Awards
FEB.		Revision
MAR	Annual Exams	

GENERAL KNOWLEDGE

Prescribed Book- Know for Sure

Month	Tests	Syllabus Details (Chapter Numbers & Names)
APR		Current affairs 1.Flock of Birds (pg. no. 5) 2. Entomology (pg. no. 8) 3.Forest in India (pg. no. 9) 4.Nutrition in Plants(pg. no. 10) ACTIVITY - Picture collection of different rodents Concept - Flock of Birds
MAY		Current Affairs 5 Seven sisters of India (pg. no 12) 6. Lost cities of India(pg. no-13) 7.Indian Parliament (pg. no.-14) ACTIVITY - Short description of different trees Concept - Indian Parliament
JUNE		
JULY		Current Affairs 8.Famous temples of India (pg.no-15) 9. Handlooms and handicrafts of India (pg. no-16) 10. Football/Soccer clubs (pg. no - 17) 11.FIFA World cups (pg.no- 18-19) 12.Paralympic games (pg.no-22) ACTIVITY - Quiz related to chess Concept - Handlooms and handicrafts of India
AUG		Current Affairs 13. Swimming (pg.no-23) 14.First in Sports-India (pg.no-24-25) 15. Cartoons (pg.no -28) 16.Film Awards (pg.no-29) ACTIVITY - Making of one form of regional painting Concept - First in sports-India
SEPT	H.Y.	

हिन्दी

Prescribed Books- महिका इंटैलिका प्रकाशन व्याकरण बोध इंटैलिका प्रकाशन

Month	Tests	Syllabus Details (Chapter Names)
APRIL		साहित्य- 1.याद तुम्हारी आती है 2.बूढ़ी काकी व्याकरण- भाषा लिपि और व्याकरण, वर्ण विचार गतिविधि- 1.कविता का भावार्थ अपने शब्दों में 2. डर को छोड़ो खुलकर बोलो (भाषा विकास हेतु) मासिक अवधारणा - भाषा और लिपि
MAY		साहित्य - 3.सिक्का बदल गया व्याकरण - शब्द विचार , कहानी लेखन , चित्र वर्णन गतिविधि - देश विभाजन के कारणों तथा परिणामों पर समूह चर्चा उपरांत प्रस्तुतीकरण मासिक अवधारणा - तत्सम और तद्भव शब्द
JUNE		
JULY		साहित्य- 4.मेरे चंपे की एक डाली 5. समय-समय की हवा 6. कैसे बनी रेलगाड़ी व्याकरण – कारक, संवाद लेखन गतिविधि- 1.मानवीय पीढ़ियों पर अभिनय 2.विभिन्न परिस्थितियों पर संवाद आयोजन मासिक अवधारणा - कारक तथा भेद
AUGUST	PT 1	साहित्य- 7.सच्चा तीर्थयात्री 8. कोशिश करने वालों की कभी हार नहीं होती व्याकरण - अनुच्छेद लेखन, पत्र लेखन गतिविधि- 1.शब्द-जाल 2.मानव सेवा ही ईश्वर सेवा है मासिक अवधारणा - अनुच्छेद लेखन
SEPTEMBER	H.Y	पुनरावृत्ति
OCTOBER		साहित्य- 9. वतन के लिए व्याकरण - समास, उपसर्ग और प्रत्यय गतिविधि- 1.नाट्य मंचन 2.समास हेतु समूह खेल आयोजन मासिक अवधारणा - समास तथा भेद

NOVEMBER	PT 2	साहित्य- 10.एक तिनका 11.अपराजिता व्याकरण- वाक्य, मुहावरे और लोकोक्तियाँ गतिविधि- 1.(डम शराड्स) मुहावरों हेतु शब्द , पहेली आयोजन 2.नाट्य मंचन (वतन के लिए) मासिक अवधारणा - वाक्य तथा भेद
DECEMBER		साहित्य- 12. सरदार भगतसिंह 14. गोभी का फूल व्याकरण - संधि (व्यंजन) गतिविधि - 1.चरित्र लेखन 2. कार्यपत्रिका (संधि) मासिक अवधारणा - व्यंजन संधि
JANUARY		साहित्य- 17. गिल्लू व्याकरण - विज्ञापन गतिविधि- विज्ञापन निर्माण कार्य मासिक अवधारणा - विज्ञापन
FEBRUARY		पुनरावृत्ति
MARCH	Annual Exams	

ART & CRAFT

TERM I	TERM II
1. STILL LIFE 2. NATURE STUDY 3. LANDSCAPE (WATER PAINTING) CRAFTS: 1. BOOK MARKS 2. BOOK COVER	1. FACE EXPRESSION 2. INK PAINTING 3. ACTION DRAWING 4. PENCIL SHADING CRAFTS:1. SAND PAINTING 2.PAPER FLOWER MAKING

NOVEMBER		Conditional statements in Python Concept of the month : Types of conditional statements Activity: To write Python programs as per the DIY exercise mentioned in the chapter
DECEMBER -		Google Apps Concept of the month : Significance of different Google apps Activity: To perform DIY practicals in the lab, mentioned in the chapter
JANUARY		Concept of Smart Living Concept of the month: Smart Devices
FEBRUARY		Revision
MARCH	Annual Exams	

INFORMATION TECHNOLOGY & ARTIFICIAL INTELLIGENCE (IT & AI)

Prescribed book: TouchPad by Orange Publications

Month	Tests	Syllabus Details
APRIL		Number System Concept of the month : Decimal to Binary conversion Activity: Convert and obtain binary representation of numbers 1-10
MAY		Advanced features of Excel Concept of the month : Sorting and Filtering in Excel Activity: To perform DIY practicals in the lab, mentioned in the chapter
JULY AUGUST		More on HTML 5 Lists and Tables in HTML5 Concept of the month : Use of different HTML Tags Activity: To write HTML programs as per the DIY exercise mentioned in the chapters
SEPTEMBER	H.Y.	Revision
OCTOBER		Algorithmic Intelligence Concept of the month : Information processing Activity : Drawing Flowcharts

MATHEMATICS

Prescribed Books- NCERT and Indiannica Workbook

Month	Tests	Syllabus Details (Chapter Numbers & Names)
APRIL		1. Integers 2. Fractions and Decimals Concept : Operations on Integers Activity: Puzzle and Magic Square
MAY		5. Lines and Angles Concept: Angles made by transversal Activity: Parallel Lines and Transversal
JUNE		
JULY		8. Rational Numbers 10. Algebraic Expressions Concept: Solving an expression for any given value Activity: Rational Numbers on number line
AUGUST	PT 1	4 .Simple Equations 13. Visualizing Solid Shapes Concept: Solving an equation Activity: Dice activity
SEPTEMBER	H.Y.	Revision
OCTOBER		12. Symmetry 7. Comparing Quantities Concept: Profit and Loss Activity: Rangoli making activity
NOVEMBER	PT 2	9. Perimeter and Area Concept: Circumference and Area of circle Activity: Calculate the value of π
DECEMBER		6. The Triangle and its properties 11. Exponent and Powers Concept: Pythagoras Theorem Activity: Pythagoras Theorem Activity
JANUARY		3. Data Handling Concept: Mean, Median and Mode Activity: Representation of marks by double Bar Graph
FEBRUARY		Revision
MARCH	Annual Exam	

SCIENCE

Prescribed Books- Textbook of Science (NCERT) and worksheets by PP Pub.

Month	Tests	Syllabus Details (Chapter Numbers & Names)
APR		(B) 1.Nutrition in Plants 2.Nutrition in Animals Activity: Active collaborative learning Concept of the month: What is nutrition?
MAY		(P) 3. Heat Activity: Case based learning Concept of the month: Transfer of heat
JUL		(C) 4.Acids, Bases and Salts (B) 7.Transportation in Animals and Plants Activity: Inquiry based learning Concept of the month: Neutralization
AUG	PT 1	(B) 6.Respiration in Living Organisms Activity : Experiential learning Concept of the month: What is respiration?
SEPT	Half yearly	Revision
OCT		(C) 5. Physical and Chemical Changes (P) 9. Motion and Time Activity: Problem based learning Concept of the month: Difference between physical and chemical change
NOV	PT 2	(B) 8.Reproduction in Plants (P) 10. Electric Current and its Effect Activity: Lab based learning Concept of the month: Electric circuit and its types
DEC		(P) 11.Light (B) 12.Forest: Our Lifeline Activity: Field based learning Concept of the month: What is light?
JAN		(C) 13. Wastewater Story Activity: Community based learning Concept of the month: What is sewage?
FEB		Revision
MAR	Annual Exam	

ISLAMIAT

Prescribed Books- NCERT and NCERT EXEMPLAR

Month	Tests	Syllabus Details (Chapter Numbers & Names)
APRIL		Obedience to parents Purification is a part of Faith
MAY		Salah – A Pillar of Islam part I
JUNE		
JULY		Salah – A Pillar of Islam part II The Fasting and Laylatul Qadr The Zakatul Fitr
AUGUST		The Glorious Quran Prophet Muhammad part I Prophet Muhammad part II
SEPTEMBER	H.Y.	
OCTOBER		Prophet Muhammad part III Prophet Muhammad part IV
NOVEMBER		Prophet Muhammad part V Prophet Muhammad part VI
DECEMBER		Facts about the Prophets Nuh and Isa A.S. Aisha Siddiqa – Mother of the believers
JANUARY		Women in Islam
FEBRUARY	Annual Exams	Revision

OCT		History: Ch-4 The Mughals (16th to 17th Century) Geography: Ch-8 Human environment interactions- The tropical and the Subtropical Region History: ch-5 Tribes, nomads and settled communities Activities: 1. Case study (The Gonds) Concept of the Month: Mughal Dynasty
NOV	PT 2	Revision for Periodic test 2 Civics ch-7 Markets around us Civics: ch-6 Understanding Media Geography ch-5 Water Activities: 1. Role play – Markets around Us Concept of the Month: Markets and its types
DEC		Geography ch-7 Life in the deserts History Ch-6 Devotional paths to the divine Civics: ch-8 A shirt in the Market Activities: 1. Map of deserts. 2. Model of Deserts 3. Crafting a Shirt Concept of the Month: Different types of deserts (Hot and Cold)
JAN		History: Ch-8 Eighteenth Century: Political Formations History ch-7 The making of regional cultures Activities: 1. Case study- The story of kathak Concept of the Month: crisis of the Mughal Empire
FEB		Revision
MAR	Annual Exams	

SOCIAL STUDIES
Prescribed Books- HISTORY: Our Pasts-II CIVICS: Social and Political Life-II
GEOGRAPHY: Our Environment

Month	Tests	Syllabus Details (Chapter Numbers & Names)
APRIL		History: Ch-1 Tracing changes through a thousand years Civics: Ch-1 On equality Geography: Ch-1 Environment Activities: 1. Group Discussion(Equality) 2. Quiz(Environment) Concept of the Month: Universal adult franchise
May		Civics: Ch-2 Role of the Government in Health Geography: Ch-2 Inside our earth Civics: ch-3 How the State Government works Activities: 1. Collection of samples of rocks. 2. Group discussion -Public and private health services Concept of the Month: Components of Environment
JUNE		Summer vacation
JULY		Revision for Periodic test 1 History:ch-2 New kings and kingdoms Civics:ch-5 Women change the world Civics:ch-4 Growing up as boys and girls Geography: ch-3 Our changing Earth Activities: 1. Role play 2. Slogan writing – Women empowerment 3. Poster making – ‘Save the girl child’ Concept of the Month: Prashastis
AUG	PT 1	Geography: Ch-4 Air History:ch-3 Delhi: 12th to 15th Century Activities: 1. Collage of Delhi Sultanate buildings Concept of the Month: Layers of Atmosphere
SEPT	H.Y.	Revision

<p>SET YOURSELF UP FOR SUCCESS</p> <p>TAKE RESPONSIBILITY</p> <p>All the study methods in the world won't help you if you don't help yourself. As with most everything in your life, your motto should be, "I'm responsible for my success!"</p> <p>If you put forth the effort to study effectively, the improved skills will soon become a habit and be just as natural as breathing. The result can be better grades, greater knowledge, and higher self-esteem. These skills will also serve you well in your personal life.</p> <p>STUDY EFFECTIVELY</p> <p>Studying effectively is not a matter of chance. Students usually devote a lot of time to their studies but they achieve success only by forming correct study habits. By following the methods given below the students learn more easily, retain material for longer periods of time, and save themselves hours of study time.</p> <p>Making and Keeping a Study Schedule</p> <p>Set aside certain hours of each day for study just as you do for nourishment and sleep. Keep the same schedule faithfully from day-to-day. The amount of time needed for study will vary for each student based on skills with the subject matter. An average of two to three hours of study each day is recommended. Make a weekly timetable. Have short frequent periods for each subject rather than long hours for one. Start with interesting easy lessons / topics and then proceed towards difficult ones.</p> <p>Studying in an Appropriate Setting — Same Time, Same Place, Every Day</p> <p>If concentration is your problem, then the right surroundings will help you greatly. Your study desk or table should be in a quiet place – free from as many distractions as possible. You will concentrate better when you study in the same place every day. It's a mind-set. For example, when you sit down at the kitchen table, you expect to eat. When you sit down in an easy chair, you watch TV, etc. Developing the habit of studying in the same place at the same time every day will improve your concentration.</p> <p>Equipping Your Study Area With All the Materials You Need</p> <p>Your study desk or table should be equipped with all the materials you</p>		<p>might need to complete the assignment, e.g., pencils, pens, erasers, paper clips, stapler, dictionary, snacks, and liquid refreshments, etc. For some assignments, you may require a calculator or other supplies. With your materials at hand, you can study without interruption. Taking your snack food and drinks to the study location will eliminate those endless trips to the kitchen which break your concentration.</p> <p>Not Depending on Tests/Exams for Motivation</p> <p>Can you imagine an athlete-in-training waiting for inspiration to strike to practice in preparation for an event? Of course not. They train daily to stay competitive whether they want to or not. Like the athlete, you must get in training for tests and examinations by doing the assignments and preparing daily through review to be ready for the action.</p> <p>Keeping a Well-Kept Notebook Improves Grades</p> <p>There is definitely a relationship between orderliness and high grades. Knowing where to find your materials when you need them is crucial. Keep a special section for each subject in your notebook as well as a calendar so that you can write down all important assignments as they are announced. Having all of this information together in one place is vital to your success. A well-kept notebook is a part of good time management. If you've ever misplaced an important assignment, you know how much valuable time can be lost looking for it.</p> <p>Keeping a Careful Record of Assignments</p> <p>Put it down in black and white—including the details—and keep it in your notebook. Knowing just what you are expected to do and when you are expected to do it is the first giant step toward completing important assignments successfully and on time.</p> <p>Reviewing Material Frequently</p> <p>A student who does not review material can forget 80% of what has been learned in only two weeks! The first review should come very shortly after the material was first presented and studied. Reviewing early acts as a safeguard against forgetting and helps you remember far longer. Frequent reviews throughout the course will bring rewards at test time and will alleviate pre-test anxiety.</p>
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